

# Guiding Questions

**The purpose of the guiding questions is to build rapport with the child. It will also create a comfortable environment, normalize their experience, and provide an assessment of the child's thoughts on the topic.**

- Where is your favorite place to eat? (page 3)
- Think about a time you were at your favorite place. What did you see? What did you hear? What did you touch? What did you taste? What did you smell? (page 3)
- Is it okay for Riley to have those feelings about Mommy's boyfriend? (page 5)
- Why do you think Riley misses Mommy's boyfriend? (page 6)
- Do you think Riley missing Mommy's boyfriend is okay? Why or why not? (page 6)
- Do you have someone like Mrs. Brown at your school? (page 8)
- Who is an adult you can trust at your school? (page 8)
- How do you think Riley felt when he told Mrs. Brown what happened at home? Why? (page 9)
- Where else do you think the body can feel weird? (page 10)
- Did you know the body tells you when something is not right? (page 10)
- Can you tell me a time when your body felt weird? (page 10)
- Which was your favorite animal exercise? (page 12)
- What else do you think Riley and Mommy put in their safety plan? (page 16)
- Where do you think Riley and Mommy went to be safe? Where do you feel safe? Who makes you feel safe? (page 18)
- Is there anyone who does not make you feel safe? (page 18)