

Your Feelings Matter!

Help Riley find the hidden words in this puzzle.

N C I D V B J A N B D E X X J I H E Q K
M W L N D N F R T T C M Y B P M Q E C D
M Z O S A R C S F B H I B J T D Z G N B
H I A R A U H B O X G T Y H X K E A W M
T F X I B F K Z D C O K M I C H W X S O
I I D Z T S E I A D I L A N O Y E Z C V
K Q Z R J E R T P K N A R I D Y C U A I
X P L G B O B M Y U K T L O Y G Q D R N
G N I D N U O R G J H W B W Q J W M E G
C O N F U S E D E C I L O P O S V D D J
B R E A T H I N G B U D D Y A R A V T U
K X Q O P L Q B B P V K F F E S K S Z N
X I Y A U P J I N W G Q E A M L N E I G
F P Y P T H I E C G Q T Y Q A B I A R L
Y D J U O W T P T N Y C Q H C D K R V E
M F S L S Y Y S C P H K W F R O W C O L
M Y E Q O S Q Z L G O M Q B G K G J W D
O J K Z E H O A Y N A P O R R O C C S R
M F S E M N N V C K D A I I R S Q Q G N
U L Z G I Y M X B E A Z E Z I D Q E H X

Afraid
Body Wand
Breathing Buddy
Confused
Grounding
Mommy
Moving Jungle
Mrs Brown



Police
Riley
Sad
Safety
Safety Plan
Scared
Social Worker
Talk Time